

Needham Youth Services

(Formerly known as the Needham Youth Commission)

Fall and Winter Programs 2009/2010

Programs for
kids of all ages

Trainings for
Parents

Counseling
Services

Workshops
in school

Community
Presentations



Registration begins Tuesday, September 8, 2009

Registrations are accepted by:

Mail: Needham Youth Services
1471 Highland Avenue - Town Hall
Needham, MA 02492

In person: Office Hours: M-F 8:30am-5:00pm

***Email:** Jmattleman@needhamma.gov

*Email registrations are ONLY accepted for Free programs.
For any program that has a fee, registration and payment must be made by mail or in person.

To learn more about Needham Youth Services
or if you have questions, please call our office at 781-455-7518

www.needhamma.gov/youth

Fall/Winter Youth Programs

Counseling Services

Confidential individual, group, and family counseling for youth is available from our trained and committed staff. We accept referrals from the schools, courts, and parents. We also offer a **Substance Abuse Awareness Program**, a 15-hour assessment, education, and intervention program which takes an innovative approach to the topic of alcohol and drugs. Learn more about our counseling services online at www.needhamma.gov/youth/counselingservices.



Fall/Winter School and Community Partnerships

High Rock:

PEEPS, workshop on friendship and bullying
Safe Surf Internet Program

Pollard Middle School:

Picture Perfect, workshop on gender roles & the media

Needham High School:

Loss and Teen Dating Violence seminars

Elementary schools:

We will be facilitating social skills groups

Community Wide:

Peer Tutor program is in full swing

RAY of Hope Program

The RAY of Hope award (Recognize A Youth) is a monthly recognition of a youth who is giving back to the community and/or is a role model for their peers. There is no age limit - kindergarten through high school...and yes, we have had recipients as young as 5 years old!

To learn more and/or to nominate a youth you can download a form online at www.needhamma.gov/youth/ray or one can be obtained at the Needham Youth Services office in Town Hall.

Books and Bridges

Funded by the Rotary Club of Needham, Books and Bridges is a two-session program for parents and kids who are looking for a wonderful opportunity to share in the exciting world of reading and group discussion regarding the themes of the assigned book. Each session meets for 90 minutes (5:30—7:00pm), and dinner is provided. Either parent may accompany their child for both sessions, pre-registration is required, and additional sessions will be offered in the spring. Learn more at www.needhamma.gov/youth/booksandbridges.



Dates: 3rd grade girls Thursdays, October 1st and 15th
6th grade girls Tuesdays, Nov. 10th and Dec. 1st
4th grade girls Thursdays, February 11th and 25th
Cost: \$10 per pair (waived in the event of financial need)
Location: Avery Crossings
Facilitator: Katy Colthart

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Babysitter Training Course



We offer a Babysitter Training Seminar for new babysitters or for those with limited experience who desire a refresher class. The training is six hours and is offered as a three-day course. Students must be in the sixth grade and at least 11 years old to take the class. Additional sessions will be offered in the spring. Learn more at www.needhamma.gov/youth/babysitting.

Dates: ~~Session 1: September 30, October 7 & 14~~ **Sold Out**
~~Session 2: December 2, 9 & 16~~ **Sold Out**
Session 3: January 27, February 3 & 10 (2:30—4:30)
Cost: \$45 (waived in the event of financial need)
Location: Session 1 at Pollard Middle School
Session 2 & 3 at High Rock School
Facilitator: Katy Colthart

Director's Corner

Dear Friends:

In place of our Youth Source newsletter, we have decided to revamp this publication into a brochure alerting youth and families of our upcoming programs.

This new publication will allow youth, parents, and families to more easily identify programs of interest and to register for such program.

I hope you will enjoy this new format.

Thanks,

Jon Mattleman, Director



Fall/Winter Parent Programs

A Conversation...For Parents of Teens

Funded by the Needham Women's Club, this free program is limited to 9 participants per evening and creates a forum in which parents discuss the challenges of parenting teens in a supportive and confidential setting. Parents may attend any/all of the following evening meetings (which will include dinner). Additional sessions will be offered in the spring. Learn more at www.needhamma.gov/youth/aconversation.

Dates: October 27th — Make Peace/Not War
November 17th — Alcohol and Drugs
January 19th — Open Agenda
February 9th — Teens and Technology



Cost: Free

Location: Needham Needham Town Hall (5:30 — 7:30 pm)

Facilitator: Jon Mattleman (Jmattleman@needhamma.gov)

QPR Suicide Prevention Training

The Needham Coalition for Suicide Prevention and Needham Youth Services are offering free QPR trainings. QPR (Question, Persuade, Refer) is based upon the following concepts: Those who most need help in a suicidal crisis are the least likely to ask for it; The person most likely to prevent a person dying by suicide is someone they already know; and, That prior to making a suicide attempt a person typically sends warning signs of their distress and suicidal intent to those around them. Learn more at www.needhamma.gov/youth/QPR.

Dates: December 2, 2009 or February 4, 2010

Cost: Free

Location: Needham Public Library (7:00—8:30 pm)

Facilitator: Jon Mattleman (Jmattleman@needhamma.gov)

Parent Coffees

Funded by the Needham Community Council, Inc., these free gatherings for parents of middle and high school youth are held in peoples' homes in the evenings and focus upon issues such as the new literature regarding the adolescent brain and the impact of alcohol, as well as the role that parents can play in keeping their children safe. Learn more at www.needhamma.gov/youth/coffee.



Dates: Please contact the office at 781-455-7518 to schedule

Cost: Free

Location: Participant's Home



Parents Please Talk With Your Mouth Full

Needham Youth Services and Sweet Basil Restaurant invite parents to participate in this unique collaboration. During these one evening workshops, parents will enjoy a terrific meal and have the opportunity to share, learn, laugh, and talk about the joys and challenges of parenting. Only one parent per family. An additional session will be offered in the spring for parents of high schoolers. Learn more at www.needhamma.gov/youth/parentsplease.

Date: November 16th for *Parents of Middle School Children*

Cost: \$10 (waived in the event of financial need)

Location: Sweet Basil Restaurant (6:00—8:00 pm)

Facilitators: Katy Colthart and Alexandra Kosciak

Special
Event

Surviving Suicide: A Father's Journey

An Evening with Needhamites

Rich Gatto
Rich Roberts

November 5, 2009

7:00 PM

Needham Public Library

Learn more at:

www.needhamma.gov/youth/surviving

Consultation and Referral

As the parent of a teen, you know first hand how challenging this stage of life can be. Even the best equipped and involved parents can find themselves in complex and confusing situations --- and parents may not know what to do next.

Needham Youth Services can be a source of support in a crisis and/or when a parent does not know where to turn. Our free consultation can support a parent at a time when making logical decisions is critical. Parents have utilized this resource when dealing with a serious matter involving their child (e.g. drug/alcohol use), when they are concerned about a specific behavior (e.g. depression), or when they are just worried about their child's growth and development.

All support is provided in a confidential setting and at no charge.

Patrick C. Forde

Good Person Memorial Award

Named after Needham resident and community activist Patrick Forde, this award will recognize an adult in the community who has helped make Needham a better place to live through his/her volunteer work and commitment. The recipient will be a person of high character, a person who has contributed in some significant way to Needham children, youth, and/or families, and a person who has enhanced those with whom they interacted. Learn more at www.needhamma.gov/youth/fordeaward.

**You are invited to our annual ceremony
at the Needham Public Library
on Monday, January 25 at 5:00PM**

General Information

Most of our services are **Free** of charge

Join our Email Listserv

If you are interested in receiving periodic updates of Needham Youth Services' programs that may be of interest to you and/or your children, please visit our website at www.needhamma.gov/youth/email and click on the year of birth of your child/children.

We ask for the year your child was born so that we can send you information that pertains to your child --- thus eliminating spam and unwanted information. If you have more than one child, you must register for each child (by year of birth) individually.

Payment

Most of our services are **FREE** of charge. If the program charges a fee, payment must accompany all registrations. Checks should be made payable to "Town of Needham-Youth Services".

Fee Assistance

Financial aid is available to all Needham residents and Needham students. A letter requesting assistance must be submitted to the Director of Needham Youth Services at the time of registration. To learn more, please visit our website at www.needhamma.gov/youth/fee.

Course Confirmation

We will confirm registrations by phone, email, or mail. You will be notified if the program is full or cancelled and your payment will be refunded.

Inclement Weather

It is our policy that if Needham Public Schools close due to weather related issues, our programs will also be cancelled. Weather related cancellations will be posted on our website at www.needhamma.gov/youth.

Cancellations

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds will not be given; however, we will do our best to reschedule.

Refunds

If you request to withdraw from a class with sufficient time to get a replacement, a refund may be issued. However, if the slot can not be filled, no refund will be issued. If you do not show up for a class, there is no refund. Refunds will be issued if Needham Youth Services cancels a program and/or you registered for a program and there are no openings.

Employment Program

The Employment Program assists young people in obtaining business and residential employment, as well as helping residents requiring help for around-the-house chores.

Youth age 12 to 21 who desire work must register with us by completing a Job Registration Form and a Parent Permission Form. For those 18 years of age and under, a parent or legal guardian must co-sign this form.

Both the Residential Employment Books and the Job Posting Books are available on Tuesdays from 9:00 am - 4:00 pm or by appointment. Forms may be requested/submitted at any time during the business week. There is a \$5 fee for this service for residents; there is no charge for youth using the Employment Program. Learn more at www.needhamma.gov/youth/employment.

The Employment Program does not screen any applications or individuals---we act simply as a clearing house and an information source.

For further information please contact Carol Rosenstock 781-455-7518 x267 or Crostenstock@needhamma.gov

What's Ahead in Spring/Summer 2010:



Make a Statement Day returns to Needham High on March 12th

Needham Unplugged 2010
No homework/meeting night is
March 25th



Peer Tutor Applications available
starting May 1st

Extreme Looks Program offered
in June



Project VAN returns for its 13th Summer this July

Needham Youth Services

Registration Form

Participant's Name:		M/F DOB:
Address:		Zip Code:
Home Phone:		Grade & School:
PARENT/GUARDIAN INFORMATION		
Guardian:		Cell Phone:
Email Address:		
EMERGENCY INFORMATION		
Name:	Relationship:	Phone:
Name:	Relationship:	Phone:
Allergies:	Medical Conditions:	
PROGRAM INFORMATION		
Program Name	Session	Fee
Donation to Needham Youth Services:		\$
Total Amount :		\$
Make Checks payable to "Town of Needham—Youth Services"		
Authorization of Participation		
<p>I, the undersigned parent/guardian of _____, acknowledge that my child will be participating in a Needham Youth Services program. In the event of medical emergency, I authorize the staff to seek medical attention as required. Further, I shall indemnify and hold harmless and hereby release, remise, and forever discharge the Town of Needham from any and all liability, suits, losses, cause of actions, damage arising or occurring out of participation in the abovementioned program and/or arising or occurring out of any said medical attention.</p>		
SIGNATURE _____		Date _____
OPTIONAL		
Authorization to Photograph/Videotape		
<p>I, _____, do hereby give permission to the Needham Youth Services to photograph/videotape me and/or my children as participants in a Needham Youth Services program. I understand that these photographs or the videotape may be used in one or all of the following ways:</p>		
<p>As part of the Needham Youth Services' website regarding this specific program. As an enclosure to letters sent to potential funding sources. As part of an article in the Needham Times, Hometown Weekly, Boston Globe, etc.. As a piece on the cable station which may also be posted on YouTube by the Needham Cable Channel.</p>		
SIGNATURE _____		Date _____

Office Use Only:
Received ____/____/____

Check #

Amt. \$ _____

Confirmation Sent ____/____/____